

## Physical Education 2007-2008

Dear Parents,

I hope everyone had a wonderful summer and that parents and students were both very active. I am looking forward to another great school year. It has been a pleasure to once again work with the students who have moved to second grade and it has been very enjoyable meeting and working with the children in first grade and kindergarten. Their enthusiasm towards physical education is wonderful. I service approximately 400 students this year.

Your child's physical education class in first and second grade will meet for 40 minutes twice a week and full day kindergarten students will meet once a week for 40 minutes. Physical Education class will consist of a variety of movement experiences, dance, games, gymnastics, team activities, as well as fitness measurements and evaluation (2<sup>nd</sup> grade only). My philosophy is to provide a learning environment that will maximize psychomotor, cognitive and affective development. The success of your child and this program will depend a great deal on your (and your child's) cooperation with the following rules and procedures.

- Dress Code:**
1. Supportive sneakers, properly laced and tied; bare feet are requested for gymnastics.
  2. Comfortable play clothes that permit freedom of movement. (cotton/sweats).
  3. Jewelry should not be worn to school on P.E. days. It is a safety hazard and is often broken or lost.
  4. As the weather gets cooler, children should wear layers of clothing and be prepared for outdoor activities. Grade 2 is outside for the fall and Kindergarten, Grade 1 and 2 will be outside in the spring.

- Discipline:** It is critical to the success of my lessons that each child exhibit good behavior (as established in the student handbook). Should a child choose not to follow the rules, these procedures will be used:
1. Gentle reminder to follow the rules.
  2. Warning that behavior is not acceptable.
  3. Loss of participation time; 5 minute time-out.
  4. Loss of participation time; 10 minute time-out.
  5. Loss of participation time for the remainder of the period, disciplinary note sent home to parent.

- Grades:** Students will be graded on:
1. Participation, effort and skill development.
  2. Conduct: ability to listen and follow directions.
  3. Sportsmanship; cooperation.
- \*\*\*\*We do not grade on athletic ability!

**Illness Restrictions:**

It is unusual for a child in school to require total restriction of movement activity. If your child is recovering from an illness or injury, please send a note explaining the problem and if the child is to be limited or excused from the activity. *For restrictions lasting longer than one week, a doctor's note is required. A doctor's note is also required that releases the student to once again participate in physical education class.* We

are looking out for the best interest of the student. **If a student is excused from physical education then they should not be participating in recess.** There are picnic tables and benches for them to sit and do a different activity. Any notes are sent to the nurse which are in turn sent to me.

I look forward to an exciting year of learning and physical development. Please call me if you have any questions or concerns regarding your child's physical education class.

Sincerely,

Mrs. Magliano